

EYFS PSHCE	End points/questions	Key Vocabulary
BUILDING RELATIONSHIPS	<p>Know how to build constructive and respectful relationships. <i>How do you make a friend?</i></p> <p>Know how to work and play cooperatively and take turns with others. <i>What is one of the rules when playing with others?</i></p> <p>Know how to show sensitivity to their own and to others' needs. <i>How do you show kindness to others?</i></p> <p>Know how to work as part of a team. <i>Can you name an important skill to be a good team member?</i></p> <p>Know how to explore similarities and differences. <i>Can you name 3 things that makes us the same/different from our friends?</i></p>	<p>Family, mum, dad, brother, sister, grandad, grandma, nan, cousins</p> <p>Family, Friends Falling out, helpful share</p>
SELF-MANAGEMENT	<p>Know and recognise my talents. <i>What are the things you are good at?</i></p> <p>Know about the different factors that support a healthy lifestyle. <i>What are the things that keep us healthy?</i></p> <p>Know how to react to a challenge. <i>What is one of the things you can do if you find something hard/challenging?</i></p> <p>Know the reasons for rules and understand consequences. <i>What are some of the school rules?</i></p> <p>Know how to manage their own basic hygiene and personal needs. <i>Can you describe how to wash your hands properly?</i></p>	<p>Talent, difficult, wash, bath, exercise, happy, sad, like/dislike, Healthy, unhealthy, exercise, sleep, clean, Growth</p>
SELF - REGULATION	<p>Know how to work towards simple goals. <i>Why is it important to follow instructions?</i></p> <p>Know the importance of controlling impulses. <i>Why is it important to take turns?</i></p> <p>Know the importance of listening to instructions. <i>How should you behave when the teacher/adult is giving you instructions?</i></p> <p>Know how to follow the school rules. <i>How should we behave when walking through school?</i></p> <p>Know how to make a good choice. <i>What is a good choice/bad choice?</i></p>	<p>Share, respect, listen, choice, follow,</p>
FEELINGS	<p>Know how to express my feelings appropriately. <i>What should we do about feelings we are unsure about?</i></p> <p>Know how to consider the feelings of others. <i>What should we do if we are worried about a friend?</i></p> <p>Know how to recognize worrying feelings. <i>How do you know if someone is worried?</i></p> <p>Know ways to calm down when angry. <i>Can you describe a way to calm yourself when you are angry?</i></p> <p>Know the importance of being gentle with each other. <i>Why should we be gentle with each other?</i></p>	<p>sad, happy, Myself, Feelings, gentle angry, excited, scared, worried, understand, report</p>
ORAL HYGIENE	<p>Know how many times to brush my teeth each day. <i>How many times a day should we brush our teeth?</i></p> <p>Know what a good tooth brushing technique is. <i>Can you show me what a good tooth brushing technique is?</i></p> <p>Know the best times to brush our teeth. <i>When are the best times to brush our teeth?</i></p> <p>Know the importance of brushing our teeth. <i>Why is it important to brush your teeth?</i></p> <p>Know what the tools are for brushing our teeth. <i>What do we need to brush our teeth?</i></p>	<p>brush teeth, toothbrush, toothpaste, twice</p>

Year 1 PSHCE	End points/questions	Key Vocabulary
WE'RE ALL STARS	Know what a class charter is. <i>What is a class charter?</i> Know how to solve a problem. <i>What is a problem, how may you feel?</i> Know how to look after each other. <i>What are some of the ways we can help each other?</i> Know how to make friends. <i>How do you show kindness to others?</i> Know how to make a good choice. <i>What is a good choice/bad choice?</i>	Rules, belong, polite, problem, solution, frightened, excited, choice, decision, right, wrong
BE FRIENDLY, BE WISE.	End points/questions Know how to give compliments and how to apologise. <i>What is a compliment and what are the ways we can say sorry?</i> Know how to manage our anger. <i>How do we know when we are angry? What ways can help us to calm down?</i> Know what bullying is. <i>What is bullying?</i> Know what to do in an emergency. <i>What do we do in an emergency at school?</i> Know how to cross the road safely. <i>What is the Green Cross Code?</i>	Key Vocabulary compliment, kindness, listening, respect, cooperation, conflict, angry, apologise, trigger, bullying, deliberate, accident, exclude, emergency hazard, safety, danger
LIVING LONG, LIVING STRONG	End points/questions Know some basic hygiene principles. <i>How do we keep ourselves clean?</i> Know the concept of growing and changing. <i>How do people grow & change? (Human life cycle)</i> Know the main male & female gender differences. <i>How do we know the difference between a boy & a girl?</i> Know how to look after our teeth. <i>How do we clean & how often should we clean our teeth?</i> Know how to stay healthy. <i>How many examples of what keeps you healthy can you give?</i>	Key Vocabulary Male, female, penis, vagina, physical, characteristics, hygiene, Decay, bacteria, regular, dentist, healthy, exercise
DARING TO BE DIFFERENT	End points/questions Know and recognize each other's differences. <i>What makes us Unique?</i> Know and recognize when someone is feeling proud. <i>Can you describe how you would help someone feel proud?</i> Know how to recognize worrying feelings. <i>How do you know if someone is anxious or worried?</i> Know how to stay calm & relaxed. <i>Do you know the things that make you feel stressed and the ways to relax and calm your body?</i> Know how to stand up for myself. <i>Can you say when it is right to stand up for yourself in an assertive way?</i>	Key Vocabulary Similarities, unique, 'boost-ups' 'put-downs,' proud, relaxed Calm, quiet, stressed, Worried, anxious, tense, assertive.
DEAR DIARY	End points/questions Know who to ask for help. <i>Who are the types of people in our community who help us?</i> Know when we are loved and cared for. <i>Can you name the feelings you have when you are loved and cared for?</i> Know what proud and jealous emotions feel like. <i>What feelings do you have if you are proud or jealous?</i> Know some ways we deal with worries. <i>Can you explain how you deal with your own hurt feelings without hurting others?</i> Know how to support each other. <i>What are the ways you can help someone if they are have a worry?</i>	Key Vocabulary Police, teachers, fire officers, nurses, doctors, uniform jealous proud hurt lonely uncomfortable, love, care, close, happy, secure, safe, include, exclude, support, belong
JOINING IN AND JOINING UP	End points/questions Know the importance of listening. <i>What is a good listener? How do you know someone is listening to you?</i> Know how to express your opinion. <i>What is an opinion?</i> Know right and wrong when making choices. <i>What kind of choices have you made?</i> Know that all humans & animals have needs. <i>What do we need to be healthy & happy people?</i> Know how to take care of an animal & that people look after animals as a job. <i>What is animal welfare?</i>	Key Vocabulary eye contact, body language, cooperation, opinion, voting, agree, disagree, needs, food, water, shelter, warmth friendship, responsibility, respect, welfare organisation, mistreat, cruelty, kindness

Year 2 PSHCE	End points/questions	Key Vocabulary
IT'S OUR WORLD	Know what rules are. <i>Can you name the school rules?</i> Know how we are the same & different. <i>Can you say how you are the same and different from your friends?</i> Know which communities we belong to. <i>What does community mean?</i> Know how to save energy around the school. <i>How many ways can you save energy around school?</i> Know what recycling and pollution is. <i>How does recycling affect pollution?</i>	Community, charter, Strengths, welcome, nervous, excited society, culture, energy, environment, lights Electricity, conservation, recycle, reuse, pollution
SAY NO	Know what some medicines are used for. <i>What are the different uses for medicines?</i> Know that some household substances are dangerous. <i>What is a household substance and where should they be kept?</i> Know the dangers of smoking and drinking alcohol. <i>What are the dangers of smoking and drinking alcohol?</i> Know a range of real and imaginary hazards. <i>What is a real hazard? What is an imaginary hazard?</i> Know some strategies to prevent bullying. <i>Can you describe what bullying is and how someone who is being bullied may feel?</i>	Key Vocabulary Medicine, cream, pill, tablet, Ointment, dose, symptoms, Swallow, inhale, household substances, dangerous, risk smoking, vaping, cigarettes nicotine, heart, lungs, alcohol Drunk, headache, damage, threat, real, pretend, deliberate
MONEY MATTERS	Know why we have money. <i>Where does money come from?</i> Know how to keep money safe. <i>Why should you keep your money safe?</i> Know the meaning of affording something. <i>What is the best thing you should do if you cannot afford something?</i> Know the difference between want & need. <i>Can you list the things you need?</i> Know the different meanings of being rich. <i>What are the things that make you happy?</i>	Key Vocabulary Money, earn, job, pocket money Spend, buy, cost, expensive, cheap, savings, bank account, building society price, afford, essential, necessity, luxury, value
WHO LIKES CHOCOLATE?	Know where different foods come from. <i>Can you name some of the countries that our food comes from?</i> Know the difference between a custom and a ritual. <i>Can you name some of the customs within our community?</i> Know some of the foods we use for different celebrations. <i>What are some of the special foods we use to celebrate special occasions?</i> Know the main countries that chocolate comes from. <i>How many countries can you name that chocolate comes from?</i> Know why we need fair trade principles. <i>What does fair trade mean?</i>	Key Vocabulary Local, import, Farmer, country of origin, Culture, religion, customs, rituals, celebration, respect, Diversity, tolerance Delicious, cocoa, Chocolate, cacao seeds, Pods, ripe, fair, unfair, Wage, trade, Cooperative, business
PEOPLE AROUND US	Know about the about special people in our lives. <i>Can you describe why certain people are special?</i> Know about the people who help us. <i>Can you identify people who you can ask for help and describe situations when you might need help?</i> Know what feelings are associated with loneliness. <i>How many feelings can you name when you talk about loneliness?</i> Know there are different kinds of families. <i>What or who makes up a family?</i> Know about people and places around the world. <i>What are the similarities and differences between people in different places?</i>	Key Vocabulary Family, teachers, neighbours Supervisors, adults, Lonely, alone, Acceptance, siblings, uncle, Aunt, step-parent, lone-parent, foster parent, lonely, frightened, refugee
GROWING UP	Know the differences between males and females. <i>Can you explain the ways boys and girls can be the same and different?</i> Know what a gender stereotype is. <i>What does stereotype mean?</i> Know the sexual physical differences between males and females. <i>Can you name the male & female sexual body parts?</i> Know that we are all unique. <i>Can you explain what makes you special and individual?</i> Know that sometimes I might need to change my behaviour. <i>What is a habit?</i>	Key Vocabulary Similar, Sex, Gender, Stereotype, Male, Female, Penis, Vagina, unique, individual, special, Perseverance, practice, aware, Unaware, obstacle,

Year 3 PSHCE	End points/questions	Key Vocabulary
WE'RE ALL STARS	Know my rights and responsibilities in the school. <i>What are your responsibilities in school?</i> Know what my talents are. <i>What are your special talents?</i> Know how it feels to do or start something new and how to cope with these feelings. <i>How does it feel when faced with something new?</i> Know how to support other people. <i>What kind of support could you offer to someone new?</i> Know how to express my opinions confidently. <i>What is the best way to express your opinion?</i>	Rules, belong, polite, problem, solution, frightened, excited, choice, decision, right, wrong Rights, responsibilities, fair, respect, Talents, strengths, skills, unique, Curious, nervous, anxious, Calm, cooperate, welcome, challenge, Opinion, communication, solution
BE FRIENDLY, BE WISE.	End points/questions Know how to see things from another's point of view. <i>How do you have a disagreement without falling out with a friend?</i> Know what a 'win-win' solution is. <i>What is a win-win solution?</i> Know why it is important to calm down before I am angry. <i>Can you name 3 ways of calming yourself down?</i> Know what a witness is and what to do if bullying is going on. <i>What is a witness & what do you do if you witness bullying?</i> Know the dangers of the internet. <i>How would you keep yourself safe on the internet?</i> Know that fire can be dangerous and what to do in an emergency. <i>What should you do if the fire bell rings at school?</i>	Key Vocabulary compliment, kindness, listening, respect, cooperation, conflict, angry, apologise, trigger, bullying, deliberate, accident, exclude, emergency hazard, safety, danger point of view, argument, disagreement, leader, scribe, conflict, resolve, witness, audience, peer pressure, hazard, safety, danger, email, protection, risk, supervision
LIVING LONG, LIVING STRONG	End points/questions Know some differences & similarities between males and females. <i>What are the scientific names for the different male & female private parts?</i> Know the different types of touch that people like and do not like. <i>What are the different types of touch?</i> Know what personal space is. <i>What would you do if someone made you feel uncomfortable?</i> Know that all families are different and have different family members. <i>What makes a family? Do families always live together?</i> Know some positive choices to support a healthy lifestyle. <i>Can you name some ways in which we keep healthy and happy?</i>	Key Vocabulary Male, female, penis, vagina, physical, characteristics, hygiene, Decay, bacteria, regular, dentist, healthy, exercise Genitals, private, Family, Fostering, Adoption, Relationship, Stereotypes, Gender, relaxation, leisure, Hobbies, stress, worries, lifestyle, positive, negative
DARING TO BE DIFFERENT	End points/questions Know that there are similarities and differences between everyone. <i>What are the things that make us unique?</i> Know what do when I find something difficult. <i>What things have you done recently that you are proud of?</i> Know what a surprise is, and that different people have different feelings about them. <i>What is a surprise?</i> Know how to explain what hopeful and disappointed mean. <i>Can you name some hopeless and disappointed feelings?</i> Know how to choose to act assertively. <i>Which behaviours would you display if you were being assertive?</i>	Key Vocabulary Similarities, unique, 'boost-ups' 'put-downs,' proud, relaxed Calm, quiet, stressed, Worried, anxious, tense, assertive. Individuality, identity, unique, surprised hopeful, routine, hopeful, disappointed, hopeless, assertive, passive, aggressive, proud/pride
DEAR DIARY	End points/questions	Key Vocabulary

	<p>Know where to go for help. <i>How do the police keep the community safe?</i></p> <p>Know how to make amends if I have done something wrong. <i>How would you apologise for something you had done wrong?</i></p> <p>Know how most people feel when they lose something or someone they love. <i>How would you describe someone's feelings if they had lost something or someone they loved?</i></p> <p>Know how to take responsibility for what I choose to do. <i>What are some things to think about before making a choice?</i></p> <p>Know some ways to help others feel better if they have a worry. <i>How would you help someone with a worry?</i></p>	<p>Police, teachers, fire officers, nurses, doctors, uniform, jealous, proud, hurt lonely, uncomfortable, love, care, close, happy, secure, safe, include, exclude, support, belong.</p> <p>Fault, guilty, responsibility, Shame, ashamed, regret, remorse, Amends, conscience, loss, illness, Death, grief, upset, funeral, Goodbye, remember, support, apology</p>
<p>JOINING IN AND JOINING UP</p>	<p>End points/questions</p>	<p>Key Vocabulary</p>
	<p>Know how people are represented in school and the local community. <i>What sort of job does a councillor do?</i></p> <p>Know what debating and voting is. <i>What is debating and voting?</i></p> <p>Know how to be an active member of my school community. <i>What are some of the groups people belong to in school to represent pupils?</i></p> <p>Know that people can give up their own time to help others. <i>What are some groups in the community that people volunteer for?</i></p> <p>Know how to work as part of a group to set goals and work on a project. <i>What does a charity do?</i></p>	<p>eye contact, body language, cooperation, opinion, voting, agree, disagree, needs, food, water, shelter, warmth friendship, responsibility, respect, welfare organisation, mistreat, cruelty, kindness duties, tasks, skills, Monitors, represent, school council, local government, councillor, voting, election, democracy, campaign, pressure, influence, charity, donation, debate</p>

Year 4 PSHCE	End points/questions	Key Vocabulary
IT'S OUR WORLD	Know how to contribute towards making a class charter. <i>What are some things to think about when making a class charter?</i> Know what democracy is and how laws are made. <i>How is a new law made in the UK?</i> Know ways to save energy in the home and why we need to. <i>Can you name 3 ways to save energy at home?</i> Know what climate change is and its impact on the environment. <i>What is climate change?</i> Know some ways to protect the environment. <i>Can you name 3 ways to help protect the environment?</i>	Community, charter, Strengths, welcome, nervous, excited society, culture, energy, environment, lights Electricity, conservation, recycle, reuse, pollution Cooperate, agree, laws, Democracy, Parliament, heating, insulation, Compost, carbon footprint, Climate change, global warming, environment, carbon emissions, rainforest, wildlife, disaster, natural, drought, flood
SAY NO	Know what a risk is and that it has pros and cons. <i>What are the range of risks we may take?</i> Know what legal and illegal drugs are. <i>What is the difference between legal and illegal?</i> Know what the risks of smoking to my health are. <i>What are some of the risks to our health by smoking?</i> Know how alcohol affects the body and health. <i>How can alcohol affect our bodies?</i> Know what peer pressure is and understand the difference between a group and a gang. <i>What is peer pressure?</i>	Medicine, cream, pill, tablet, Ointment, dose, symptoms, Swallow, inhale, household substances, dangerous, risk smoking, vaping, cigarettes nicotine, heart, lungs, alcohol, Drunk, headache, damage, threat, real, pretend, deliberate Risk, consequences, Potential, Pros, cons, advantages, Disadvantages, legal, illegal, Substances, medication, Tobacco, alcohol, caffeine, Addicted, habit, Moderation, pressure, influence
MONEY MATTERS	Know a range of different ways to pay for things. <i>What are the different way we can pay for things?</i> Know how to explain what debt and credit is. <i>What is debt? What is credit?</i> Know what makes up family expenses. <i>What expenses does a family have?</i> Know the difference between need and want. <i>Can you explain the difference between a need and a want?</i> Know what a charity does. <i>Can you name some local charities and what they do to support others?</i>	Money, earn, job, pocket money Spend, buy, cost, expensive, cheap, savings, bank account, building society, price, afford, essential, necessity, luxury, value Account, balance, statement, Overdrawn, cash, debit, credit, cheque, mortgage, lending, borrowing, interest, Mortgage, rent, essential, non-essential, luxury, budget, afford, desire, poverty, vulnerable, fortunate, generosity
WHO LIKES CHOCOLATE?	Know there is a moral and ethical side to cost. <i>What is fairtrade?</i> Know some of the customs within my local community. <i>Can you describe when you felt something was unfair. What happened?</i> Know what consumer power is. <i>What kind of power does a consumer have?</i> Know that advertising can influence what we buy. <i>How does the media influence what we buy?</i> Know what a stereotype is. <i>What does it mean to stereotype something or someone?</i>	Local, import, Farmer, country of origin, Culture, religion, customs, rituals, celebration, respect, Diversity, tolerance, Delicious, cocoa, Chocolate, cacao seeds, Pods, ripe, fair, unfair, Wage, trade, Cooperative, business Moral, ethical, exploitation, Consumer, demand, Trade, exchange, Consumer, Media, bias, report, article, Journalist, symbol, advertising, Influence, image, brand, Design, marketing, stereotype, Diversity, discrimination race

<p>PEOPLE AROUND US</p>	<p>End points/questions</p>	<p>Key Vocabulary</p>
	<p>Know why certain people are special to us. <i>What makes people special to us? What do they do? What do they say?</i> Know how to identify people who I can ask for help. <i>When you might need help and who would you go to?</i> Know how to describe the feeling of loneliness. <i>What feelings would someone have who is lonely?</i> Know what a family is and that there are different types of families. <i>What does family mean?</i> Know how to recognise and respect the similarities and differences between people in different places. <i>In other countries, how are we the same, how are we different from others?</i></p>	<p>Family, teachers, neighbours Supervisors, adults, Lonely, alone, Acceptance, siblings, uncle, Aunt, step-parent, lone-parent, foster parent, lonely, frightened, refugee Siblings, counsellor, key worker, belonging, Acceptance similar different, tolerance, despair</p>
<p>GROWING UP</p>	<p>End points/questions</p>	<p>Key Vocabulary</p>
	<p>Know what the main stages of the human life cycle are. <i>What is the lifecycle of a human?</i> Know some basic facts about puberty, reproduction and pregnancy. <i>Can you name some facts about human pregnancy?</i> Know about the physical and emotional changes that happen in puberty? <i>Can you name three physical and emotional changes that happen during puberty?</i> Know that change can be good. <i>What would it be like to live in a world without change?</i> Know some of the reasons why change can feel uncomfortable and know some coping strategies. <i>Why is change sometimes scary and uncomfortable? What are some ways to cope?</i></p>	<p>Similar, Sex, Gender, Stereotype, Male, Female, Penis, Vagina, unique, individual, special, Perseverance, practice, aware, Unaware, obstacle, Puberty, Lifecycle, Reproduction, Physical, Pregnancy, Breasts, Sperm, Pubic, Emotions, resentment, Nervous, shock, rejected, cope</p>

Year 5 PSHCE	End points/questions	Key Vocabulary
WE'RE ALL STARS	<p>Know my rights and responsibilities in the school. <i>What are your rights and responsibilities in school?</i></p> <p>Know some strategies to cope and to calm myself when necessary. <i>What coping strategies are good to calm yourself?</i></p> <p>Know how to work cooperatively to develop ideas. <i>What skills do you need to work cooperatively in a group?</i></p> <p>Know a range of communication skills. <i>What are the signs of a good debate?</i></p> <p>Know what a role model is. <i>What traits would a good role model possess?</i></p>	<p>Rules, belong, polite, problem, solution, frightened, excited, choice, decision, right, wrong</p> <p>Rights, responsibilities, fair, respect, Talents, strengths, skills, unique, Curious, nervous, anxious, Calm, cooperate, welcome, challenge, Opinion, communication, solution</p> <p>Apathy, Attitude, nervous, anxious, strategies, Role, contribution, Issue, voting, Behaviour, role-model</p> <p>Admire, traits, cooperate, collaborate.</p>
BE FRIENDLY, BE WISE.	<p>Know the difference between a friend and an acquaintance. <i>What are the differences between a friend and an acquaintance?</i></p> <p>Know what to say and do to make a conflict situation better. <i>What would your reaction to a conflict situation be?</i></p> <p>Know how to manage my anger successfully. <i>What are some ways to manage anger well?</i></p> <p>Know some strategies to prevent bullying (inc. cyberbullying) <i>What are SMART rules?</i></p> <p>Know how to recognise an Emergency and call and how to respond. <i>What does the acronym LIONEL mean?</i></p>	<p>compliment, kindness, listening, respect, cooperation, conflict, angry, apologise, trigger, bullying, deliberate, accident, exclude, emergency hazard, safety, danger point of view, argument, disagreement, leader, scribe, conflict, resolve, witness, audience, peer pressure, hazard, safety, danger, email, protection, risk, supervision</p> <p>Calm, inflame, reduce, triggers, Overwhelm, consequences, Assertive, witness, audience, peer pressure, unconscious, conscious, bleeding, choking, recovery, vulnerable, response</p>
LIVING LONG, LIVING STRONG	<p>Know the main physical changes that happen during puberty. <i>What are the main physical changes during puberty?</i></p> <p>Know the main emotional changes that happen during puberty. <i>What are the main emotional changes during puberty?</i></p> <p>Know what a balanced lifestyle is. <i>What is a balanced lifestyle?</i></p> <p>Know how to be an effective learner. <i>What skills are needed to be an effective learner?</i></p> <p>Know what skills I need to keep going towards my goal. <i>What characteristics does a person need to reach their goal?</i></p>	<p>Male, female, penis, vagina, physical, characteristics, hygiene, Decay, bacteria, regular, dentist, healthy, exercise</p> <p>Genitals, private, Family, Fostering, Adoption, Relationship, Stereotypes, Gender, relaxation, leisure, Hobbies, stress, worries, lifestyle, positive, negative</p> <p>Puberty, physical, emotional, menstruation, periods, sanitary, semen, erection, pubic, vas deferens, Duct, testicle, ovary.</p> <p>Balance, lifestyle, perseverance, patience, resilience.</p>

<p>DARING TO BE DIFFERENT</p>	<p>End points/questions</p> <p>Know how to agree or disagree with reasoning. <i>What is a reasoned argument?</i> Know how to recognise and appreciate risky choices. <i>What things do you need to think about when faced with a risky situation?</i> Know how to be assertive in the right way. <i>What does it mean to be assertive?</i> Know what peer pressure is. <i>What is peer pressure?</i> Know what appropriate body language is. <i>Can you name some examples of good body language when communication with others?</i></p>	<p>Key Vocabulary</p> <p>Similarities, unique, 'boost-ups' 'put-downs,' proud, relaxed Calm, quiet, stressed, Worried, anxious, tense, assertive. Individuality, identity, unique, surprised hopeful, routine, hopeful, disappointed, hopeless, assertive, passive, aggressive, proud/pride Agreement, discussion, solution, dispute, interview, risk, judgement, worthwhile, assertive, passive, consequence</p>
<p>DEAR DIARY</p>	<p>End points/questions</p> <p>Know what facilities exist in my local area and nationally for young people. <i>What are the facilities in our school and local community where you can get support?</i> Know what to do to help myself or others deal with embarrassment. <i>What are some of the ways to deal with an embarrassing situation?</i> Know how a boost-up or put-down can make someone feel. <i>What are some of the feelings you may have when given a boost up/put down?</i> Know that sometimes friendships/relationships end and associated feelings. <i>What feelings are associated with loss?</i> Know the relevance of forgiveness. <i>Why is forgiveness important?</i></p>	<p>Key Vocabulary</p> <p>Police, teachers, fire officers, nurses, doctors, uniform, jealous, proud, hurt lonely, uncomfortable, love, care, close, happy, secure, safe, include, exclude, support, belong. Fault, guilty, responsibility, Shame, ashamed, regret, remorse, Amends, conscience, loss, illness, Death, grief, upset, funeral, Goodbye, remember, support, apology. Confidentiality, facilities, humiliated, embarrassed, sarcasm, put-down, compliment, self-esteem, loss, grief, disappointment, assertive, empathy.</p>
<p>JOINING IN AND JOINING UP</p>	<p>End points/questions</p> <p>Know what anti-social behaviour is and some of the legal consequences. <i>What is the definition of anti-social?</i> Know why we need rules and laws. <i>How are laws made in the UK?</i> Know the UK legal system and different types of courts. <i>What are the different types of court in England?</i> Know what the role of a local magistrate is. <i>What is a magistrate?</i> Know how to be an active member of my school community. <i>What is a campaign?</i> Know how to contribute to a project that supports the local community. <i>What is an action plan?</i></p>	<p>Key Vocabulary</p> <p>eye contact, body language, cooperation, opinion, voting, agree, disagree, needs, food, water, shelter, warmth friendship, responsibility, respect, welfare organisation, mistreat, cruelty, kindness. duties, tasks, skills, Monitors, represent, school council, local government, councillor, voting, election, democracy, campaign, pressure, influence, charity, donation, debate Offender, perpetrator, justice system, Consequences, prevent, influence, magistrate, offence, sentence, democracy, parliament, campaign, project.</p>

Year 6 PSHCE	End points/questions	Key Vocabulary
IT'S OUR WORLD	<p>Know how to contribute to the class vision for a safe and happy environment. Can you name with 2 or 3 basic rights people should have in their classroom?</p> <p>Know how democracy works in Britain and other countries. How are voting systems made fair?</p> <p>Know how climate change is impacting on our lives and how it relates to others. What is climate change?</p> <p>Know of and understand sustainability. What does sustainable mean?</p> <p>Know that the environment is a collective and political responsibility as well as an individual one. What does 'responsibility' mean?</p>	<p>Community, charter, Strengths, welcome, nervous, excited society, culture, energy, environment, lights</p> <p>Electricity, conservation, recycle, reuse, pollution</p> <p>Cooperate, agree, laws, Democracy, Parliament, heating, insulation, Compost, carbon footprint,</p> <p>Climate change, global warming, environment, carbon emissions, rainforest, wildlife, disaster, natural, drought, flood</p> <p>Vision, rights, civil rights, biodiversity, endangered, species, impact, individual, collective, political, sustainable.</p>
SAY NO	<p>Know that pressure comes from a variety of sources. How would you resist negative peer pressure?</p> <p>Know the difference between legal and illegal drugs. Can you name 3 legal and 3 illegal drugs?</p> <p>Know that there are laws around drugs, alcohol and tobacco. Why are laws made to restrict the use of drugs?</p> <p>Know how to resist pressure to start smoking, drinking alcohol, taking drugs. Can you name some of the pressures you may face when asked to smoke, drink alcohol, take drugs?</p> <p>Know the dangers and consequences of carrying knives/weapons. What are the possible consequences to – the self, to the school, to family, to friends of carrying a weapon?</p>	<p>Medicine, cream, pill, tablet, Ointment, dose, symptoms,</p> <p>Swallow, inhale, household substances, dangerous, risk smoking, vaping, cigarettes nicotine, heart, lungs, alcohol, Drunk, headache, damage, threat, real, pretend, deliberate.</p> <p>Risk, consequences, Potential, Pros, cons, advantages, Disadvantages, legal, illegal, Substances, medication, Tobacco, alcohol, caffeine, Addicted, habit, Moderation, pressure, influence.</p> <p>Medicinal, substance, Caffeine, Solvents, regulate, Dependent, habit, pressure, influential, assertive, gangs, violence, criminal, consequences, legislation.</p>
MONEY MATTERS	<p>Know that people earn and spend money in different ways. What are some of the obstacles to earning/spending money?</p> <p>Know what supply and demand means. What do the terms supply and demand mean?</p> <p>Know what interest and inflation means. What do the terms interest and inflation mean?</p> <p>Know how lending and borrowing money works. How does borrowing and lending work?</p> <p>Know that 'poverty' might have different meanings to different people in different circumstances. What is the role of a charity?</p>	<p>Money, earn, job, pocket money Spend, buy, cost, expensive, cheap, savings, bank account, building society, price, afford, essential, necessity, luxury, value.</p> <p>Account, balance, statement, Overdrawn, cash, debit, credit, cheque, mortgage, lending, borrowing, interest, Mortgage, rent, essential, non-essential, luxury, budget, afford, desire, poverty, vulnerable, fortunate, generosity.</p> <p>Profession, salary, business, profit, sales, advertising, loan, Investment, share, borrowing, taxation, savings, pension, Retirement, supply, demand, inflation, insurance, distribution, circumstances</p>

<p>WHO LIKES CHOCOLATE?</p>	<p>End points/questions</p> <p>Know what the real cost of a product can be and that there is a moral and ethical side to cost. <i>What do the terms moral and ethical mean?</i></p> <p>Know what consumer power is. <i>How does consumer power work?</i></p> <p>Know how the media presents information. <i>What is the difference between fact and opinion?</i></p> <p>Know what bias is. <i>What is bias?</i></p> <p>Know what a stereotype is. <i>What does it mean to stereotype someone?</i></p>	<p>Key Vocabulary</p> <p>Local, import, Farmer, country of origin, Culture, religion, customs, rituals, celebration, respect, Diversity, tolerance, Delicious, cocoa, Chocolate, cacao seeds Pods, ripe, fair, unfair, Moral, ethical, exploitation, Consumer, demand, Trade exchange, Consumer, Media, bias, report, article, Journalist, symbol, advertising, Influence, image, brand, Design, marketing, stereotype, Diversity, discrimination</p> <p>Race</p> <p>Moral, ethical, exploitation, Consumer, demand, Exchange, represent, Bias, influence, stereotype, diversity, culture, challenge, discrimination.</p>
<p>PEOPLE AROUND US</p>	<p>End points/questions</p> <p>Know how the range of identities in the United Kingdom combine to bring a richness to society. <i>What benefits are there of living in a society with so many different identities?</i></p> <p>Know what makes a positive relationship. <i>What makes a good friend or a happy family?</i></p> <p>Know how to recognise and try to challenge stereotypes. <i>How do you challenge stereotypes to promote equality and inclusion?</i></p> <p>Know some ways of dealing with or ending friendships. <i>Is it possible to break friends but still be friendly? If so, how do we do this?</i></p> <p>Know what forgiveness means. <i>What does it mean to forgive someone?</i></p>	<p>Key Vocabulary</p> <p>Neighbours, Supervisors, adults, Lonely, alone, Acceptance, siblings, uncle, Aunt, step-parent, lone-parent, foster parent, lonely, frightened, refugee</p> <p>Siblings, counsellor, key worker, belonging, Acceptance similar different, tolerance, despair,</p> <p>Ethnicity, racism, tolerance, Diversity, judgement, Assumptions, prejudice, inclusion, equality, Misinterpret, sensitive, Empathy, grudge, resentment, Amends, apology</p>
<p>GROWING UP</p>	<p>End points/questions</p> <p>Know how and why the body changes during puberty in preparation for reproduction. <i>What are the main physical & emotional changes to male/female bodies during puberty?</i></p> <p>Know how to explain how babies are made. <i>What is the process of making a baby called?</i></p> <p>Know what being a parent involves. <i>Can you name some of the skills a good parent needs?</i></p> <p>Know a range of responses to change. <i>Can you name some positive outcomes from changes that you did not welcome at first?</i></p> <p>Know some of the good things about myself that others like and value. <i>Can you name some of the qualities in yourself that others like and value?</i></p>	<p>Key Vocabulary</p> <p>Similar, Sex, Gender, Stereotype, Male, Female, Penis, Vagina, unique, individual, special, Perseverance, practice, aware, Unaware, obstacle,</p> <p>Puberty, Lifecycle, Reproduction, Physical, Pregnancy Breasts, Sperm, Pubic, Emotions, resentment, Nervous, shock, rejected, cope.</p> <p>Womb, Uterus, Sperm, Conception, Fertilisation, Sexual intercourse, Consent, Intimate, develop, Secure, insecure, transition Closure</p>